



## **MONARCH CATERPILLARS**

Monarch's Caterpillars is designed for 3 and 4 year old skiers. Caterpillars is an introduction to skiing based on the reasonable expectations of three and four year olds in a small group setting. The program consists of four, hour and forty five minute sessions on Wednesdays. Instructors will work with students to explore the sport of skiing and help instill an enthusiasm for the winter play environment. We will play a lot of games and take rest and bathroom breaks as needed. Some class time may occur inside due to weather or other considerations. During these times instructors will be facilitating comfort with equipment and continued muscle memory training, through indoor movements. Students will be exposed to beginner terrain and the surface lift that they will be independently riding. A parent will need to attend and participate each day of the session. This will give the students an opportunity to experience expanded terrain and put more mileage on their skis. Throughout the program in addition to focusing and developing the child's skills the instructor will coach parents in terrain selection, lift procedures and successful facilitation of their child's skiing and riding experience.

### **DATES AND PRICE:**

<b>Dates and Times:</b>	<b>PRICE:</b>
January 19 <sup>th</sup> , 26 <sup>th</sup> , February 2 <sup>nd</sup> , and 9 <sup>th</sup> Wednesdays 1:45-3:30	\$150

### **POLICIES:**

*Refunds:* Monarch does not offer refunds or make-ups for missed program days. If a student does miss a program day for any reason they will be eligible for a half price two hour private.

*Weather:* There are no make-up days for bad weather, including snow, cold or wind. Severe winter weather is a likely possibility on all program days. Please plan accordingly and make decisions best for your family's situation. For tips on proper winter dressing please see the information below.

*Season Pass:* All youth programs come with a complimentary Monarch Season Pass. If you have already purchased a season pass prior to enrolling your student, a refund will be issued in the amount of the purchased price of the pass.

### **WHAT TO EXPECT and PROGRAM INFORMATION**

*First day:*

- Please meet Monarch's staff at The Monarch Children's Center
- Arrive at 1:35pm. Lessons will begin at 1:45pm sharp.
- Participants must be dressed and ready to ski
- Children must use the restroom before lessons
- Lessons end at 3:30pm.

For first time skiers, just getting accustomed to the bulky clothing and awkward equipment, will be a major accomplishment. Many children in this age group will not progress to sliding on their skis, stopping, or turning after an hour and forty five minute lesson. We want our programs to be fun, with no

pressure, and reasonable expectations. We will do our best to meet the individual needs of each child and group them in the appropriate classes based on age and ability. During the lessons and especially on the first day a lot of time will be spent without skis on. For many children this age, simply learning to move with ski boots on is difficult. Instructors are trained to play games which will facilitate and develop some of the fundamentals of skiing. Once an instructor feels that the class is comfortable with these movements they will progress to moving, twisting, and sliding with one ski on. Finally students will progress to movements with two skis on. This progression will take time and will continue over the four weeks of the program. If at any time you have any questions or concerns about what is happening please do not hesitate to ask the Youth Program Coordinator directly or at [programs@skimonarch.com](mailto:programs@skimonarch.com)

*Behavioral Expectations:*

We ask that your child be potty trained and ready for a peaceful separation from parents.

*What to wear:*

Your child should wear warm layers of clothing under a waterproof jacket and pants. Students should wear warm waterproof mittens, a warm hat and one pair of warm socks. Wool or synthetic clothing is preferable to cotton garments as cotton absorbs water and does not hold body heat. Goggles and a helmet are also strongly recommended.

*Equipment:*

Each student will need to have their own equipment including ski boots and skis. Rentals can be arranged at the Lesson Center Desk in advance of each class.

*Special Considerations:*

Below are some important issues to consider for your child in order to get the most out of his/her skiing experience.

- Does your child have separation issues when you are not around? Yes/No
- Does your child still take regular naps? Yes/No
- If so what time of day? Yes/No
- Can your child manage by him/her self in the bathroom? Yes/No
- Is your child involved in any organized physical activities? Yes/No
- Does your child enjoy playing outside on cold days? Yes/No

**Release of liability, season pass and enrollment forms must be completed, signed and mailed with payment to:**

**Monarch Caterpillars  
Monarch Mountain  
#1 Powder Place  
Monarch, CO 81227**

**REGISTRATION INFORMATION**

Participant's Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Sex: \_\_\_\_\_

Parent or Guardian's Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Email (all program information will be communicated via email): \_\_\_\_\_

Did you participate in a seasonal program last year? Yes/No

Which program? \_\_\_\_\_ Who was the instructor? \_\_\_\_\_

Please list any allergies, medical or special needs: \_\_\_\_\_

Does the participant have the ability to function in a group setting without special attention? Yes/No

If you answered no please give full explanation: \_\_\_\_\_

Ability Level:

<input type="checkbox"/>	<u>1</u>	It is my first day. I have no previous experience in this snow sport.
<input type="checkbox"/>	<u>2</u>	I'm learning to turn and stop. I'm ready to try the chairlift.
<input type="checkbox"/>	<u>3</u>	I can stop with confidence and turn both ways. I'm comfortable riding the chairlift. I'm ready to leave the beginner hill and explore more green runs.
<input type="checkbox"/>	<u>4/5</u>	I'm comfortable on green runs. I can link turns and stop with confidence. I'm ready to explore blue terrain.
<input type="checkbox"/>	<u>6/7</u>	I can control my speed and I am feeling rhythm in my turns on blue terrain. I'm ready to try groomed black runs. I want some easy bumps.

(Ability level is required for Monarch's planning purposes; the participant's class will be assigned after meeting with instructors on the first day)

**METHOD OF PAYMENT:**

Check # \_\_\_\_\_ Amount enclosed \$ \_\_\_\_\_

MC \_\_ VISA \_\_ AMEX \_\_\_\_\_ DISCOVER \_\_\_\_\_

Credit Card # \_\_\_\_\_ Exp. Date \_\_\_\_\_ CVC# \_\_\_\_\_

Signature of card holder: \_\_\_\_\_

*Monarch Mountain 2009-2010*

**SKI SCHOOL WARNING, ASSUMPTION OF RISK, RELEASE OF LIABILITY & INDEMNIFICATION  
AGREEMENT**

**PLEASE READ CAREFULLY BEFORE SIGNING. THIS IS A RELEASE OF LIABILITY & WAIVER OF CERTAIN LEGAL RIGHTS.**

1. The person who is participating in Ski School and or Children's Center programs shall be referred to hereinafter as "Student". The "Undersigned" means only the Student when the Student is age 18 or older OR it means both the Student and the Student's parent or legal guardian when the Student is under the age of 18. The Undersigned agree and understand that taking part in ski school, skiing, snowboarding and using ski area facilities, including the lifts, for any purpose including childcare (hereinafter the "Activity"), can be **HAZARDOUS AND INVOLVES THE RISK OF PHYSICAL INJURY AND/OR DEATH.**

2. The Undersigned are advised that a person using any of the facilities of the ski area is considered a skier. The Undersigned acknowledge and understand the dangers and risks of skiing and understand that the Student, as a "skier" under Colorado law, **ASSUMES ALL INHERENT DANGERS AND RISKS** as provided by the Colorado Ski Safety Act (hereinafter "Act").

3. The Undersigned further understand and agree that in signing this Agreement, the Undersigned are expressly **acknowledging and assuming additional risks and dangers that may result in property damage, physical injury and/or death above and beyond those outlined in the Act, including but not limited to:**

Falling; drills; exercises; free skiing; following the direction of the instructor; terrain selection of the instructor; avalanches; cornices; suffocation; crevasses; equipment failure; equipment malfunction; equipment damage; Student's improper use of equipment; Student's use of his/her own personal equipment; interaction with other students; snow play, taking field trips by walking or by use of ski area or public transportation; playing, eating and/or sleeping in a childcare environment; Student's failure to maintain or otherwise upkeep his/her own personal equipment; slick or uneven surfaces; slipping; tripping; loss of balance; rugged mountainous terrain; bumps; tree wells; downed timber; rocks of various sizes; holes; debris; marked and unmarked obstacles; drainage channels; varying visibility; unmaintained trails; path and/or trail obstructions; unmarked roads and/or trails; Student or another acting in a negligent manner that may cause and/or contribute to injury to Student or others, such as selecting terrain that exceeds his/her ability and not acting within such ability; Student's failure to comply with signage; collisions with natural or man-made objects or collisions with other people; falling objects; encounters with snowmobiles and/or other motor vehicles; becoming lost or separated; lack of shelter; lift loading, unloading, and riding; storms, lightning, hail, snow and other adverse weather; limited access to and/or delay of medical attention; Student's health condition; strenuous activity; fatigue; exhaustion; dehydration; hypothermia; high elevation; altitude sickness; frostbite; & mental distress from exposure to any of the above.

4. Pursuant to Colorado law, Student assumes the responsibility of maintaining control at all times while engaging in the Activity. Student is responsible for reading, understanding and complying with all signage, including instructions on use of lifts. Student must have the physical dexterity and knowledge to safely load, ride and unload the lifts. Student assumes the risks of riding the lifts and engaging in activities accessible from the lifts. Further, the Undersigned understand that a minor Student may use the ski lifts without an adult present. The Undersigned are advised that snowmobiles, snowmaking, and snow-grooming equipment may be encountered at any time, and the Undersigned recognize that falls and collisions occur and injuries are a common and ordinary occurrence of the Activity.

5. The Undersigned acknowledge and understand that the description of the risks listed above are not complete and that participating in the Activity, whether or not described, may be dangerous and may also include risks which are inherent and/or which cannot be reasonably avoided without changing the nature of the Activity. By signing this document, the Undersigned recognize that property loss, injury, serious injury and death are all possible while participating in the Activity. **RECOGNIZING THE RISKS AND DANGERS, THE UNDERSIGNED UNDERSTAND THE NATURE OF THE ACTIVITY AND VOLUNTARILY CHOOSE FOR STUDENT TO PARTICIPATE IN AND EXPRESSLY ASSUME ALL RISKS AND DANGERS OF THE ACTIVITY, WHETHER OR NOT DESCRIBED ABOVE, KNOWN OR UNKNOWN, INHERENT OR OTHERWISE.**

6. Additionally, in consideration for allowing the Student to participate in the Activity, **THE UNDERSIGNED HEREBY AGREE NOT TO SUE** PowderMonarch LLC, or any of their respective successors in interest, affiliated organizations and companies, insurance carriers, agents, employees, representatives, assignees, officers, directors, and shareholders (each hereinafter a "Released Party") for any property damage (including but not limited to equipment damage), injury or loss to Student, including death, which Student may suffer, arising in whole or in part out of Student's participation in the Activity. By agreeing not to sue,

